



Newsletter

2025 2nd quarter

HEADLINE: Bun 'n' Tots magazine 2025 1st edition

Other stories : Concept transformation and our new ecofeminism approach



Celebrating the Launch of the 1st Edition 2025 Bun 'n' Tots Magazine!

We are thrilled to announce the release of the first 2025 edition of Bun 'n' Tots — a publication proudly produced under our NesiMukoti The Midwife banner. This thoughtful initiative, led by our dedicated team of midwives, aims to disseminate vital maternal health information and make it easily accessible — right at the fingertips of every pregnant woman.

Our Bun 'n' Tots magazine is published quarterly and is available for download on our website at www.speakout-voiceit.org

We are incredibly proud of our midwives who pour their passion, time, and expertise into this publication. They continually go above and beyond to ensure that every edition provides current, accurate, and practical maternal health advice to support women and families everywhere.

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This latest edition is especially rich — featuring articles from diverse professionals who have selflessly shared their knowledge and experience. Their contributions reflect our shared commitment to promoting maternal well-being and empowering women with the information they need for a safe and healthy journey to motherhood.



Through initiatives like Bun 'n' Tots, our ultimate goal remains clear: to contribute meaningfully to the reduction of maternal and neonatal morbidities and mortalities.

Concept Transformation: Embracing an Ecofeminist Approach



At SOVI, transformation is part of our growth — and our journey continues to evolve in inspiring ways. This quarter marks a profound shift in our philosophy and approach, sparked by new insights and exposure gained through our funder's participation in the kanthari leadership training.



Our founder, Ms. Nyasha Munetsi, has been deeply inspired by the wealth of knowledge, diverse perspectives, and innovative ideas encountered at kanthari. Before this experience, our focus under the Skiri Rangu banner — which means “a skill for everyone” — centered primarily on women's empowerment through practical, income-generating skills training. This initiative empowered many women and girls to build sustainable livelihoods and take charge of their economic futures.

However, during her time at kanthari, Ms. Munetsi interacted closely with environmental advocates who passionately spoke about the abuse, violation, and exploitation of the planet caused by human greed and selfishness. These conversations ignited a deep personal and organizational awakening — a recognition that the struggle for gender justice cannot be separated from the struggle for environmental justice.

As Ms. Munetsi profoundly puts it,

“The Earth was the first ‘she’ to be abused. We cannot uproot gender injustice while turning a blind eye to environmental injustice.”

This powerful realization led to the birth of our new ecofeminism approach — one that expands our work beyond empowering women and girls, to engaging entire communities in the restoration of both humanity and nature. Through this approach, we seek to restore ecosystems, protect biodiversity, and cultivate harmony between people and the planet, ensuring that both humans and nature thrive together.



Restoring Humanity Through Rehabilitation, Not Condemnation



At SOVI, we believe that true transformation begins when we dare to look beyond condemnation and embrace restoration. In line with this belief, we are proud to introduce our new initiative — the Shanduko Program, which means “transformation.”

Our upcoming Shanduko Program represents a bold step in our commitment to restoring humanity and promoting lasting change. Through this initiative, we have chosen to extend our services to perpetrators of violence and abuse — a group often overlooked in efforts to end cycles of harm. Our aim is to reduce rates of recidivism by addressing the root causes of harmful behavior and creating pathways toward personal transformation.



We recognize that rehabilitation should not be punitive, but corrective — a process grounded in empathy, accountability, and growth. As an organization that champions justice and healing, we understand that sustainable peace and safety can only be achieved when both survivors and perpetrators are offered opportunities for true change.

To achieve this, SOVI will be working in partnership with the Correctional Services Department to ensure that offenders from our communities receive a comprehensive rehabilitation program designed to transform mindsets, restore values, and rebuild lives.

As part of this effort, we also hope to provide practical skills training for participants, equipping them with the tools and confidence to reintegrate productively into society.

See you in our next quarter!